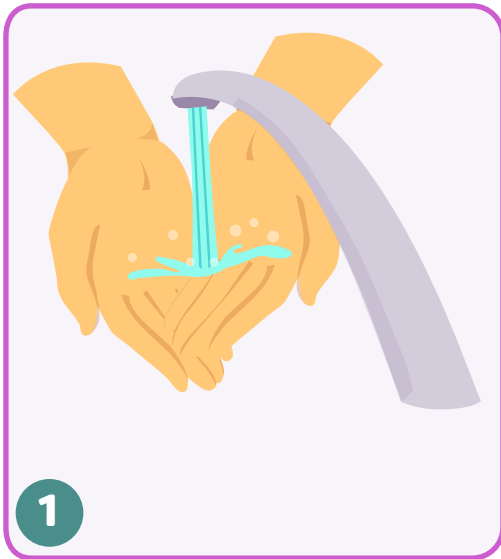


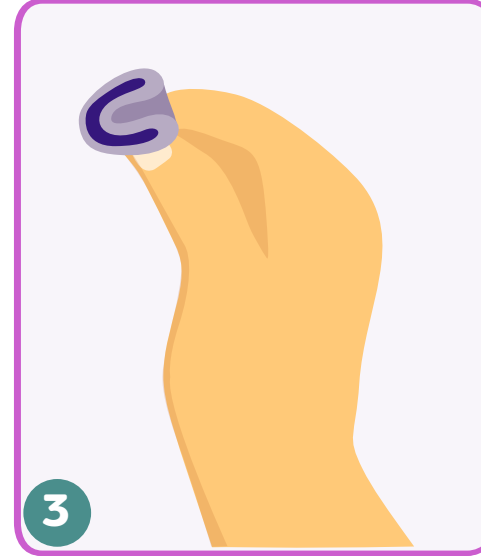
How to insert a menstrual cup



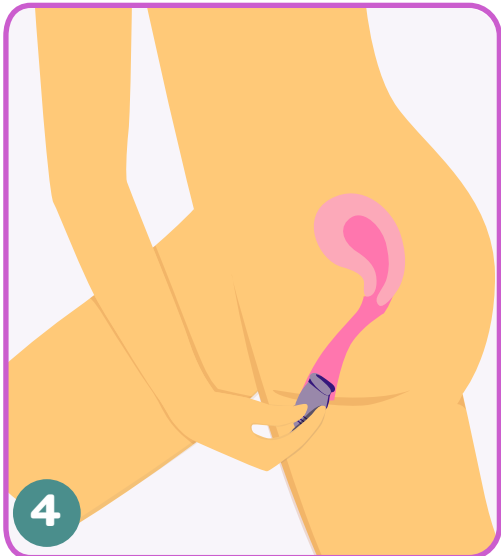
Wash hands



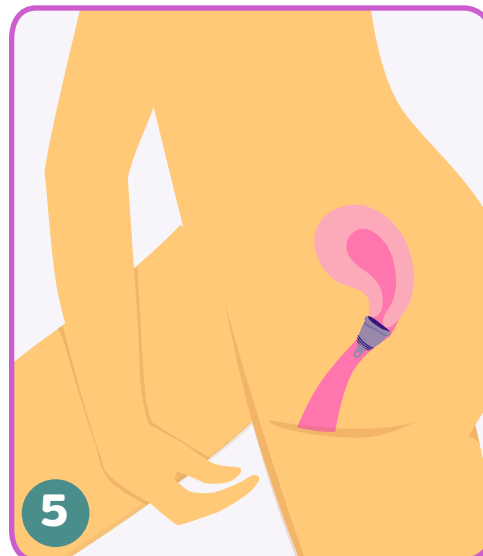
Wet edge



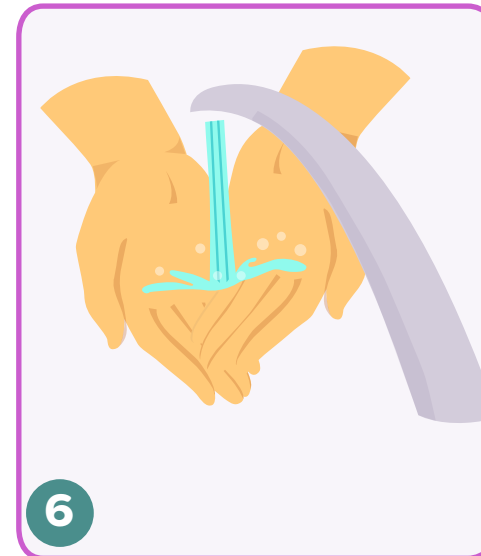
Fold



Insert



Release



Wash hands